

Parenting questionnaire

The aim of this questionnaire is to help you to focus on the strengths and positive qualities that you bring to parenting.

1. What are your strengths as a parent?
2. What do you think your child's other parent's strengths are?
3. Who do you think you have learned most from being a parent?



4. Thinking about your child, how do know when things are going well for him/her?